

The Yoga Circle's



Kincumber, Davistown, Ettalong

Nurturing and joyful Hatha Yoga with Balinese Yoga teachings to balance our energy centres (chakras).

Nicole's philosophy is that

'Yoga is for everyone'.

Each session offers gentle and stronger options to suit every 'body'

The Aum Package: \$132 for the Term (11 classes)

The Namaste Package: \$65 for 5 classes* (can be used over 6 weeks)

The Namaskar Package: \$55 for 4 classes* (can be used over 5 weeks)

2 Circles Package: \$225 for 2 classes a week for the Term (21 classes)

Or Drop in Casual Class is \$15

School Terms only

Special offer: if you have attended or are attending any of my Yoga Holidays 'Namaste Bali 2014' or 'Namaste Yolgnu Dreaming' pay just \$110 for the 11 week term package

You can attend or make up classes at any of the 3 Yoga Circle

Mondays

5.30pm-7.00pm

At Kincumber Neighbourhood Centre

1/20 Kincumber St Kincumber

Term 1 2014 (10 weeks)

3rd February to 7th April

Wednesdays

6.30pm-8.00pm

At Wadhaygi Leisure and Learning Centre

Cnr Karingi & Broken Bay Rds, Ettalong

Term 1, 2014 (11 weeks)

29th Jan to 9 April

Thursdays

10.30am-11.45am

At Davistown Progress Hall

McCauley St, Davistown

Term 1, 2014 (11 weeks)

30th January to 10th April

Please bring your mat, a blanket and cushion. Some mats are available.

Call 0404 842601 or 4369 2601 to book your place or just drop in

Nicole Turner-Butler

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