



Wednesdays 6.30pm-8.00pm

Wadhayi Leisure and Learning Centre
Cnr Karingi & Broken Bay Rds, Ettalong

Nicole believes yoga is for everyone.

Her classes suit the beginner and experienced student alike

Mats and blankets are provided, bring your body and mind and be open to receive all that Yoga can offer:

Peace, strength, confidence, flexibility, stillness, joy and so much more.

Term 2, 2012 Fees

May 2nd - June 27th (No class on ANZAC Day, April 25th)

The Aum Package: \$110 for the Term (9 classes)

The Namaste Package: \$65 for 5 classes* (can be used over 6 weeks)

The Namaskar Package: \$55 for 4 classes* (can be used over 5 weeks)

Purchase one of these packages and you may bring a friend to any class during Term 2 for \$10 (their first time).

*These packages to be used consecutive weeks
Or Drop in Casual Class is \$15

For those attending Namaste Bali: A Yoga Holiday, classes are just \$10

Call 0404 842601 or 4369 2601 to book your place or just drop in

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www.nurtureworks.com.au