



The Yoga Circle: it's nurturing, joyful and connects you with self.

## Wednesdays 6.30pm-8.00pm

At Wadhayi Leisure and Learning Centre
Cnr Karingi & Broken Bay Rds, Ettalong

Term 3, 2012: July 27<sup>th</sup> - Sept 19<sup>th</sup>

Nicole believes yoga is for everyone.

Her classes suit the beginner and experienced student alike

Be open to receive all that Yoga can offer:

Peace, strength, confidence, flexibility, stillness, joy and so much more.

## **Fees**



The Aum Package: \$110 for the Term (9 classes)

The Namaste Package: \$65 for 5 classes\* (can be used over 6 weeks)
The Namaskar Package: \$55 for 4 classes\* (can be used over 5 weeks)

\*These packages to be used consecutive weeks

Or Drop in Casual Class is \$15

Purchase one of these packages and you may bring a friend to any class during Term 3 for \$10 (their first time).

Mats and blankets are provided

Call 0404 842601 or 4369 2601 to book your place or just drop in

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