

Namaste Bali : a holiday with yoga

24th to 30th June 2012, Ubud



Join Nicole Turner-Butler as she shares her love of Bali and Yoga with you.

Enjoy a relaxing and fun holiday, a 'Yogaventure', infused with Hatha and Balinese Yoga.

Experience the joy of stretching.

Smile in your heart.

Explore magical Bali.

Indulge in Balinese feasts and culture.

Experience a Purification Ceremony with Nicole's favorite Balinese family.

Meditate while the rice grows.

Join optional day and afternoon tours

NAMASTE BALI OFFERS

- ♦ **A unique Balinese experience**
- ♦ **6 nights villa accommodation and breakfasts**
- ♦ **Hatha Yoga sessions**
- ♦ **Balinese Yoga Sessions**
- ♦ **Welcome lunch and dinner**
- ♦ **Gift package on arrival**
- ♦ **Balinese massage**
- ♦ **Airport transfers**
- ♦ **Experienced Balinese tour guide**
- ♦ **Fully escorted small group tour**

Bookings or more information contact Nicole
Phone: 43692601 or 0404842601
Email: yogaventures@netspace.net.au
www.nurtureworks.com.au

\$1000 Twin Share
\$1300 Single
Deposit: \$300 to secure your place
Balance due: 24th April 2012